



# Agile Orientation

Finding a fit for your team

## Description

This workshop introduces the “why” behind agile principles and practices, its roots in systems thinking, lean manufacturing, and organizational design and its practical applicability to different work environments. Designed to aid with decision-making around agile adoption, the session will show diverse members of your organization how agile is different, how it might effect them, and what to expect and provides a foundation in agile terminology and processes.

## Objectives

The workshop will enable participants to:

- Describe the core principles, strategies, and practices of Agile
- Connect theory to application in the context of their own work
- Explain how to integrate key stakeholders into a collaborative team approach
- Experience collaborative teamwork

## Approach

The session combines interactive presentation, problem-solving exercises, and team-structured simulation. The workshop is tailored to meet the needs of each audience.

## Workshop duration:

While this session is typically delivered as a half-day workshop, it can be shortened or extended as needed with appropriate revisions to what is covered.

## Who should Attend

Anyone considering introducing Agile principles and practices into their existing work processes.

## About the Coach

### Jim York

CEC, CST, CTC, CSP, CSPO, CSM  
Writer, Speaker, Coach, Trainer



As an executive and team coach, Jim helps individuals, teams and organizations

achieve their goals. For over 25 years, Jim has mentored and coached leaders and teams at all levels of the organization. Jim’s interactive training sessions and coaching cultivate the skills and qualities needed to direct, support, and build effective teams.

Jim holds both Certified Agile Coach® credentials (Enterprise Coach and Team Coach) and the Certified Scrum Trainer® credential from the Scrum Alliance, one of only a handful of individuals worldwide to hold all three top level certifications. Jim is also a licensed facilitator for the Agile Fluency® Suite, a Certified LeSS Practitioner, and an Innovation Games® Facilitator.

## About FoxHedge Ltd

FoxHedge Ltd is Melissa and Jim York. We coach and train individuals, teams, and organizations seeking to optimize effectiveness.

## Contact Information

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